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*"Learning Together, Playing Together, Succeeding Together"*  
*Supported by Christian values*

Headteacher: Caroline Jackson

Dear Parent/Carer,

This term in Science, Oak class will be looking at how humans change through our life cycle. Our lessons will include: changes that occur in the womb, through early childhood, childhood, puberty and older age. In our lessons on puberty we will be looking at how girls and boys change during puberty: both physically and emotionally, we will also look at how to look after ourselves during puberty.

Useful information about these lessons can be found at:

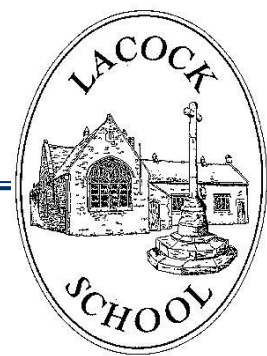
<https://www.gov.uk/government/publications/relationships-sex-and-health-educationguides-for-schools>

Children can start to go through puberty from the age of 8 (Year 3) and the physical and emotional changes that take place can be very confusing, and even frightening. Relationships and Sex Education teaching is important to help and support children through their physical, emotional and moral development. It helps ensure that children are informed and comfortable with their bodies; that they understand the changes during puberty; that they are healthy and are physically and emotionally safe.

Teaching will only use biological language to name and describe body parts and the children will be expected to do the same. Clear ground rules are set so that children understand that personal comments or questions from teachers or children, are not an appropriate part of the lesson.

Children will be encouraged to ask questions:

1. Questions which are about the objective and content of the lesson and are generally age appropriate will be answered for the whole class.
2. Questions which ask for more detail than the whole class needs or which are not about the lesson focus will be answered later, one to one and away from the other children.
3. Questions which require a great deal of detail or are much more advanced than the lesson focus will be referred back to you as parent/carer so that you can judge how much and what you want your child to know at this stage.



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**Lesson Content:**

Whole Class: Year 4, 5, 6 girls and boys	To be able to describe the stages of human development. To recognise and explore key milestones in baby and child development To look for patterns in animal gestation periods and draw logical conclusions To identify and understand the changes in the adolescent human body during puberty. Introduction to menstruation. To be able to identify the changes that take place in old age.
Year 6	Sessions will be held separately for girls and boys, we will look in more detail at changes which occur during puberty, both groups will look at changes for girls and boys.

Parents and carers are the key people in educating their children about body changes. Often, children want their parents/carers to be the first people who talk to them about this. Parents and carers have a unique emotional relationship with their child and knowledge of their maturity, they can respond to their questions, more spontaneously as they arise. The teaching offered by school should complement and support the teaching you provide at home.

If you require further information about your child’s science lessons, please send me a message via Tapestry, pop a note into the office or speak to me after school.

Kind regards,

Mrs White