

# At Lacock School . . . . .



### We say bullying is:

- Hurting someone's feelings physically (being violent, pushing or shoving), mentally or verbally (being mean, name calling).
- Something happening several times on purpose and they don't stop even if you say stop.

#### We say bullying is not:

- Just saying something a bit rude
- Just having an argument
- Something that happens only once
- Something that happens by accident, like being hit by the ball in football

## We stop bullying by:

- Saying STOP! In a big voice
- If they don't stop you tell an adult straight away
- If you see it happening tell the bullies to stop and check the person being bullied is OK – stand up for the person being bullied
- If someone is being left out ask them to play with you
- Not joining in with any bullying or thinking it's cool



• Not bottling stuff up or keeping it in



#### We expect the children to:

- •Say "stop" I don't like that
- •Tell the teacher
- •Say sorry

#### We expect the adults to:

- •Say "stop"
- Tell them off
- Tell them not to do it