



At Lacock School



We say bullying is:

- Hurting someone's feelings – physically (being violent, pushing or shoving), mentally or verbally (being mean, name calling). It could be in real life or online.
- Something happening several times on purpose & they don't stop even if you say "STOP".

We say bullying is not:

- Just saying something a bit rude
- Just having an argument
- Something that happens only once
- Something that happens by accident, e.g. being hit by the ball in football

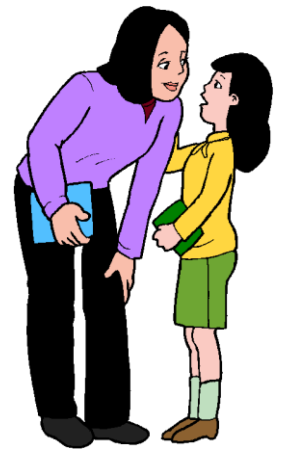
We stop bullying by:

- Saying "STOP!" in a big voice
- If they don't stop you tell an adult straight away – don't hesitate
- If you see it happening tell the bullies to stop and check the person being bullied is OK – stand up for the person being bullied
- If someone is being left out ask them to play with you
- Not joining in with any bullying or thinking it's cool
- Not bottling stuff up or keeping it in



We expect the children to:

- Tell an adult if someone gets hurt
- Be nice to each other and be kind – include lonely children
- Help your friends
- Not join in with bullies
- Give everyone a smile
- Respect everyone
- Not bully each other
- Try and sort things out on your own if you can*
- Not be bossy
- Show the younger ones how to behave and set a good role model



We expect the adults to:

- Show the children what to do
- Listen to the children and help us stand up to the bullies
- Set a good role model for the children to stop bullying
- Be respectful
- Learn about bullying and know what it is
- Help the person doing the bullying if they need it



*This seems to go against the principle of "tell an adult" but it was explained by one of the children as "when we get older there won't be someone there all the time and at school we need to learn how to sort things out for ourselves for when we are an adult" and the children wanted to keep it in the list. The most important thing is that the children tell an adult whenever they feel they want any support. Children also said that the teachers should: "Take everything into consideration and understand what the bully might be going through".