



# Lacock Primary School – Year 2 and 3 Beech Class. My and My Relationships (PSHE)



## Important Vocabulary

Rules	A law or direction that guides behaviour or action.
Consequences	Something that follows a result – her stomach pain was a consequence of eating too much
Emotions	A strong feeling such as joy, hatred, sorrow or fear
communication	The sharing or exchange of messages, information or ideas
Negotiation	Discussions meant to help people agree of something
Cooperation	The act of working together.
Collaboration	A cooperative effort by which people work together to accomplish a common project or mission
Well being	The condition of being healthy, happy and comfortable
Conflict	A strong disagreement or bad feeling between people
Dare	To challenge someone to do something as a test of courage
Opinion	What one thinks about something or somebody



## Key Skills

- To be able to explain why we have rules
- To recognise and talk about emotions
- To demonstrate teamwork, communication and negotiation
- To recognise the importance of friendship and how it can support our wellbeing
- To recognise simple strategies for resolving conflict
- To recognise that a dare is
- To give an opinion and understand that other people have different opinions.

### What I should already know:

All about me, what makes me special, me and my special people, who can help me, my feelings (Year R) Why we have classroom rules, how are you listening, thinking about feelings, our feelings, feelings and bodies, good friends (Year 1) Our ideal classroom, how are you feeling today? Let's all be happy, being a good friend, types of bullying (Year 2)



OK or not OK, different feelings, when feelings change, under pressure (Year 4) collaboration challenge, give and take, communication, how good a friend are you? Our emotional needs, being assertive (Year 5) Working together, let's negotiate, solve the friendship problem, Behave yourself, assertiveness skills, don't force me, acting appropriately (Year 6)

