



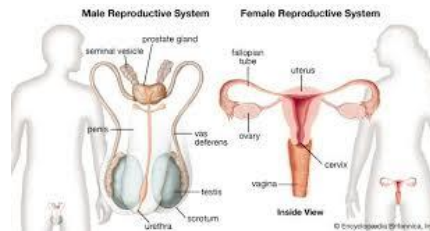
# Lacock Primary School – Year 2/3/4 Beech Class. Growing and Changing (PSHE)



## Important Vocabulary

Relationships	A connection between people
Body space Personal space	Space that belongs to you as a person – people hugging you or kissing you is coming into your body space / personal person.
strategies	A plan, method or series of action to perform a particular goal – what is your strategy for winning the game?
PANTS rule	Teaches you that your body belong you and you have the right to say no.
NSPCC	An organisation set up to protect children and keep them safe.
Secret	Something that is hidden on purpose, something only known to a few people.
Surprise	Something that happens that is not expected.
Puberty	The stage or age at which a person experiences the maturation of the reproductive system
Periods	Something that happens monthly to girls and women. It is how the body gets ready for a baby one day.

Include here images/pictures/maps/diagrams



## Key Skills

- Identifying different types of relationships and how to have positive relationships.
- To understand what is meant by 'body space' and when it is appropriate or inappropriate to allow people into our body space.
- To understand the differences between a secret and a surprise.
- To understand and explain what happens during puberty, in particular in girls.
- To learn some basic first aid.

## Additional facts / skills learnt

This learning will help me in the future when I learn:

Understanding puberty even more. What happens to your body when you become a teenager.  
Recognising different emotions. Sex education (year 6) Pressure from online and the media.

## What I should already know:

Life stages of plants, animals and humans. Where babies come from. Differences between boys and girls bodies. How to care for a baby. That private body parts are private.